

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|-----------------|--------|---------|-----------|----------|--------|----------|--------|
| | | | | | | | |
| 8.30 – 9.00am | | | | | | | |
| 9.00 - 10.00am | | | | | | | |
| 10.00 -12 noon | | | | | | | |
| 12.00 – 1.00pm | | | | | | | |
| 1.00pm – 3.00pm | | | | | | | |
| 3.00pm - 5.00pm | | | | | | | |
| After 5.00pm | | | | | | | |